## PRELIMINARY EXCURSIONS GUIDE

November 2023





# All excursions at PUQIO are led by our local guides, whose knowledge and experience guarantee that your time in the Colca Valley is as enriching as possible.

All of our guides are fluent in Spanish and English, and other languages are available upon request (but may be subject to an additional charge).









Uyo Uyo is an archaeological site 2km away from Yanque's main square and across the river from PUQIO. On the way there (by car or walking), you'll get the chance to observe the beautiful landscape around the camp from the other side of the river. This complex built by the Kollawa culture is situated halfway up the hill and features traditional constructions made of plastered rock walls.

DURATION	¼ or ½ day
DIFFICULTY	II
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snack and water
ATTRACTIONS	Archaeological site Recommended for children (only the option by car)

## 2 VISIT TO WEAVERS & ARTISANS

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Guided visit by car to to associations of producers and recognized artisans in the area. Some of the products you will see are looms, weavings, embroideries, ceramicists, etc.

DURATION	1/4 of a day
DIFFICULTY	
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Hot bevarages at the weavers' homes
ATTRACTIONS	Textil community Recommended for children



#### 3 KOLLAWA'S HERBARIUM



Hike from the property to the local puquio (natural water spring), collecting aromatic and medicinal herbs along the way. These herbs can be used to create herbal pouches for spa therapies and to enjoy herbal infusions used by the Kollawas.

DURATION	1/4 of a day
DIFFICULTY	
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snack and bevarages
AIIRACIIONS	Landscapes and flora



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Under the Colca Valley sky, descending the slopes of Apu Sallalli, you feel the freshness of the breeze caressing you as you go down the hill. Along the route, you'll appreciate marvellous landscapes with snow-capped mountains, cultivated fields, and domesticated animals. Sallalli provides an incredible setting for an unforgettable biking experience.

DURATION	1/4 of a day
DIFFICULTY	I, II & III
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snack and water
ATTRACTIONS	Photos, adventure Recommended for children (difficulty I)







Drive to the town of Coporaque to enjoy a bath in the pools offered by the community or other nearby hot springs. Our travellers will have private space. This activity can be enjoyed individually or as an extension of various activities or excursions in different locations.

DURATION	1/4 of a day
DIFFICULTY	
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snacks, cold and hot bevarages
AIIRACIIONS	Archeological site and hot springs Recommended for children



#### **6** CONDOR SIGHTING



The excursion starts at 7:00 am after breakfast in PUQIO. The journey is by truck to the Tapay area to begin a hike to the Cruz del Cóndor. After finishing the explanation, we continue the route to PUQIO and make a stop in a cactus forest dominated by sancayo. The interpreter will bring equipment to make a cocktail with this ingredient.

**OPIIONAL:** On the way back, we can make a stop in a cactus forest to enjoy a refreshing drink made from an ancient cactus called SANCAYO and continue the journey towards the hill of Salllalli, where we enjoy a picnic at the hill's summit. After finishing lunch, we descend on bicycles to reach PUQIO.

DURATION	1/2 day
DIFFICULTY	
FREQUENCY	Daily
SCHEDULE	Morning
MEALS	Snacks, tea kit, cold beverages, picnic lunch
ATTRACTIONS	Photos

# THE CHARMING TOWN OF SIBAYO

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Visit some of the surrounding villages to immerse yourself in the local culture and way of life of its inhabitants. Starting the journey by car, you'll explore three distinctive villages and then have a picnic lunch at a nearby location.

Sibayo: Known as the "enchanted stone village" for its construction with stone, preserving its historical legacy. Explore the plaza, church, and streets, all declared historical monuments.

Tutti: A small village famous for its organic cheese production, where animals are fed on natural grasses. Its streets and main square are also historical monuments.

Chivay: Serving as the entrance to the Colca Canyon, Chivay features a colonial church, hot springs, and the Colca Planetarium and Observatory. It's the capital of the Caylloma province and has a rich historical background from the Viceroyalty era.

DURATION	1/2 day
DIFFICULTY	
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snacks, beverage kit, picnic lunch
ATTRACTIONS	Photos, vibrant culture Recommended for children







The excursion starts with a van transfer to the local stables, where you'll get the chance to meet different prize-winning mules of the region. From there, begins an Andean horseback ride will begin through rural routes amidst traditional lands and unique views.

DURATION	¼ or ½ day
DIFFICULTY	- 11
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snacks, beverage kit, picnic lunch
ATTRACTIONS	Photos







This activity starts with a transfer to the starting point where you'll receive instructions, go through the measures, and get all necessary equipment. Then, you'll set off to explore the valley until you reach a lookout point where you can explore small villages, farming communities, and fields.

DURATION	Full day
DIFFICULTY	11
FREQUENCY	Daily
SCHEDULE	Morning and Afternoon
MEALS	Snacks
ATTRACTIONS	Photos

# 10 HIGH-ALTITUDE TREKKING (\$)

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This route begins from PUQIO, following the paved road 109, passing through the towns of Yanque, Achoma, Maca, Pinchollo, Mirador Cruz del Cóndor, and finally arriving at Cabanaconde.

The walk starts from the main square in Cabanaconde, located in the Caylloma province at an altitude of 3287 meters. Passing through the narrow streets and houses of the inhabitants of Cabanaconde, you gradually move away from the urban area and immerse yourself in the vegetation and shrubs. A trail leads slowly to the viewpoint, where a checkpoint marks the beginning of the descent towards Sangalle.

The hike can be strenuous depending on when you start the descent. We will offer you a packed lunch, as there are some camping establishments in Sangalle, but there are few options for lunch.

DURATION	1 day
DIFFICULTY	
FREQUENCY	Morning
SCHEDULE	Full day
MEALS	Snack and picnic lunch
ATTRACTIONS	Photos, hiking

## 1) JOURNEY THROUGH THE HEART OF THE ANDES (\$)



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The journey begins from CIRQA, taking route 34C, then detouring through Paucarpata, and subsequently passing through the districts of Sabandia, Characato Mollebaya, and Pocsi. Afterwards, cross the border between Arequipa and Moquegua, where there is a SENASA checkpoint (with strict control regarding fruit flies)—continuing within Moquegua, reaching the location called Desvió a Salinas Moche, from where the dirt road begins until reaching the Salinas Moche lagoon and afterwards, returning to the territory of Arequipa and Chivay.

Leaving Arequipa, the journey continues through Mollebaya, then connecting to route 34D. Along the way, you can see the Misti, Chachani, and Pichu Pichu volcanoes and abundant vegetation from agriculture in the inter-Andean valleys that still maintain production on ancestral terraces.

DURATION	1 day
DIFFICULTY	II
FREQUENCY	Daily
SCHEDULE	Morning
MEALS	Snack and picnic lunch
ATTRACTIONS	Photos

## 12 CHOQOLACA, CIUDAD PETREA (\$)

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Explore Choqolaca, a stone forest located in the district of Tisco, Caylloma province, in Arequipa.

This place was formed as a result of centuries of volcanic eruptions shaped by air erosion. The collection of rocks, with unique shapes and colours due to volcanic ashes and gases, offers one of the most outstanding landscapes in the area.

The full-day expedition, whether on foot or horseback, includes hiking and a visit to local hot springs, providing an authentic experience with the local culture.

DURATION	Full day
DIFFICULTY	11
FREQUENCY	Daily
SCHEDULE	Morning
MEALS	Picnic and snacks
ATTRACTIONS	Photos

## 13 TRAVESIA AREQUIPA - PUQIO (\$)



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On the journey from Arequipa to PUQIO, we will detour to visit the quarries of Añashuayco, where the sillar originated. Additionally, there will be an opportunity to interact with some quarry workers who still practice this ancestral craft passed down through generations.

Continuing the expedition towards PUQIO, we pass through the Salinas reserve, where you can observe Andean camelids such as vicuñas, alpacas, and llamas.

At the journey's highest point, at 4890 meters, you can appreciate the Ubinas, Misti, Chachani, Ampato, Sabancaya, and Misti volcanoes.

DURATION	3/4 of a day, 6 hours
DIFFICULTY	11
FREQUENCY	Daily
SCHEDULE	Morning
MEALS	Snack, drinks kit, and tea kit
ATTRACTIONS	Photos Recommended for children

## 14 VALLEY OF THE VOLCANOES (\$)



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Explore the fascinating Valley of the Volcanoes in the remote Andes of Arequipa, Peru. With 32 volcanic cones and 67 domes, this impressive landscape sets the perfect stage for a two-day guided expedition. You'll have the opportunity to ascend some of these volcanoes and immerse yourself in the region's rich biodiversity, which includes 272 plant species and a diverse wildlife.

At the heart of the valley lies Andagua, a strategically positioned village with a central square and a picturesque Mestizo Baroque church. This village serves as a base for exploring the natural and cultural charms of the area. The experience offers a blend of exploration, history, and authenticity in the Altiplano.

DURATION	2 days
DIFFICULTY	11
FREQUENCY	Daily
SCHEDULE	Morning
MEALS	Snack, drinks kit, and tea kit
ATTRACTIONS	Photos

## EXCURSIONS SUMMARY

excursions summary	DURATION			DIFFICULTY	SCHEDULE		HIGHLIGHTS	INCLUDES
	1/4D	1/2D	1 DAY	LE∨EL	AM	PM	niGntiGnis	INCLUDES
Uyo Uyo	X	x		II	x	х	Archaecological site	Guide, transport, snacks and water
Visit to weavers and artisans	×			I	х	×	Textil community	Guide, transport and hot beverages
Collaguas' herbarium	×			I	X	×	Landscape and flora	Snack and beverages
Mountain biking	×			I, II & III	X	×	Landscapes, views and adventure	Transport, bikes, snacks and water
Hot springs	×			I	X	x	Archaecological site and hot springs	Transport, snacks, cold and hot beverages
Condor sighting		X		I	х		Condor sighting, landscape, fauna	Guide, transport, snacks and lunch
The Charming town of Sibayo		×		I	X	×	Landscape, culture, history and architecture	Guide, transport, snacks, beverage kit, picnic lunch
Horseback riding	×	×		II	X	×	Horseback riding, landscape	Transport, snacks, beverage kit, picnic lunch
Quad bikes			X	II	X	×	Landscape views	Transport, equipment, snacks and water

## EXCURSIONS SUMMARY WITH AN ADDITIONAL COST

excursions summary	DURATION			DIFFICULTY	SCHEDULE		HIGHLIGHTS	INCLUDES
	1/4D	1/2D	1 DAY	LE∨EL	AM	PM	montionitio	INCLODES
High – altitude trekking			×	Ш	x		Trekking, landscapes and culture	Guide, transport and snacks
Journey through the heart of the Andes			×	I	X		Landscape, views, volcanoes, flora and fauna	Guide, transport, picnic and snacks
Chocolaca, ciudad Petrea			×	II	x	×	Full day, trekking, horse-back riding, hot springs	Guide, transport, picnic and snacks
Travesia Arequipa - PUQIO		×		II	X		Landscapes, culture, local community	Guide, transport, snack and beverages
Valley of the Volcanoes			2d/1N	II	X		2D/1N, Trekking	Guide, transport, rustic lodging or camping, picnic and snacks